



COMPARE LET'S GO OUTDOORS TO RELATED PROGRAMS AND ACTIVITIES

Health Aspects	Let's Go Outdoors	Community Class	School and Summer Programs	Organized Travel	Gym/Health Clubs
Exercise Component	√	√	√		√
Fresh Air Component	√		√	√	
Healthy Snack	√				
Family Aspects					
For Children Ages: Newborn to 17	√				
For Adult Individuals (any age)	√	√		√	√
For Families Together	√				
Educational Aspects					
Learning Activities	√	√	√		
Field-Trip/Travel Options	√		√	√	
Promotes Team-Building and Unity	√		√	√	
Preparation					
No Pre-Planning Required (just show up)	√	√	√		√
Schedule and Location					
Consistent Schedule (set time and place)	√	√	√		√
Takes Place Year-Round	√	√			√